



Association for the Rehabilitation of Physically Disabled (ARPD)

A P R O F I L E

VISION

The ARPD's vision is that persons with disabilities are an integral part of a society with rights to have and enjoy all material and intellectual facilities available to all other members of the society. It is the responsibility of the society itself to create, arrange and provide for all necessary means and resources to make this integration comprehensive and practical.

MISSION

The ARPD's mission is to provide and promote rehabilitation services to the people with disabilities, particularly in remote villages, city slums and sub-urbs, where these services are hardly available and least accessible. The means employed would be community oriented awareness creation, advocacy, networking, training and all such other activities that can be conducive to integration of the disabled / the handicapped into the mainstream society.

ESTABLISHMENT

The ARPD came into being in December, 1985. The Rehabilitation Centre for the Physically Disabled (RCPD), Peshawar was established by ARPD as a resource base for community oriented welfare and development activities required for the rehabilitation and integration into society of the physically disabled persons.

OBJECTIVES

1. Provision of low-cost, affordable and easy accessible means and services to the physically disabled/ handicapped.
2. Provision of treatment facilities or arranging referrals to improve physical condition of physically disabled persons and so make them as much independent physically as possible.
3. To educate and/ or teach vocational skills to the physically disabled to enable and empower them to earn their own living.
4. To make financial contribution or provide equipment assistance (as and when available) to the physically disabled for any feasible business activity by them and/ or for using their acquired skills to earn their living.
5. Production/ dissemination of disabilities related literature, holding of seminars and adoption of such other means for the promotion of general public awareness about disabilities, precautions and preventive measures.
6. Provision of assistance to the disabled in remote areas (who have never been reached before) through out-reach programme under the "Rehab Pakistan" project.
7. Creation and expansion of Community Based Rehabilitation (CBR) net-working.
8. Training in treatment of physical disabilities and manufacture of prosthetic/ orthopaedic appliances.

9 Arranging for legal advice/ assistance to the physically disabled to get their rights (As and when required)

Major Activities of ARPD

- Physical and vocational rehabilitation.
- Collection and dissemination of disability related information.
- Consultancy, advocacy, counseling, referrals and networking.
- Training, orientation programmes, awareness generation and out-reach.
- Enabling handicapped/ physically disabled women to be financially independent by learning various skills as members of an established group of disabled/ handicapped women. This group is named as POWER (Promotion of Women Empowerment and Rehabilitation).
- Running a Montessori and inclusive Education School
- Extension/ expansion of CBR programme through “Rehab Pakistan”.
- Vocational training of persons with disabilities in various skills (carpet weaving, tailoring, embroidery, cosmetic make up, house-hold electric wing, leather operation, plumbing, welding, bicycle/ wheel chair repair, pottery painting, etc).
- Holding of general family health training seminars (For rural/ sub-urban women)
- National CBR network for disabled persons with present 87 Networking Partners.

To help them live and smile...

We need material, human and financial support to sustain and improve our services and attain our goals. Cross cheques and Pay Orders can be made out in the name of Association for The Rehabilitation of the Physically Disabled C/O Bank Account No. 4004, PLS Habib Bank Limited, Arbab Road Branch, Peshawar Cantt, Pakistan. Or through Western Union Facility of Pakistan Postal Service.

General

The ARPD devises and promotes programmes, planned and procedure to increase opportunities for and enhance the status of all persons with disabilities for their total integration in the society. The ARPD's focus is on their:

- Right to health, education and skills training.
- Right to equal opportunities in employment
- Right of access to information.
- Right to personal liberty.

ARPD's Programmes: 2006 - 7

The ARPD will continue:

- Development of community-based rehabilitation (by helping and guiding network partners).
- Expansion of National Disability Network (NDN) by establishing and helping new partners at new places.
- “Rehab Pakistan” (Reaching and helping unreached rural disabled children through local NGOs)
- Generation, production, reprinting and dissemination of disability related literature.
- Expansion and development of “POWER” group.
- Helping landmine victims.

ARPD's Publications:

Translations by Dr. Farhat Rehman (Late)

- Physical Disabilities and Basic Physiotherapy (Urdu).
- Prevention of Childhood Disabilities (Urdu Part I & II)
- Booklets on CP, Home Treatment Plans of Various Disabilities.
- Injection Provoked Post-Polio Paralysis –An Article.
- CBR in a Purdah Observing Province of Pakistan.
- Child Labour-Wild Labour or Necessity?
- Low Cost Physiotherapy and Orthopaedic Technology in CBR.
- Women with Disabilities (Cooking, Fire and Smoke).
- Where Women Have no Doctor (2nd Edition).
- CBR and Community Development.
- Rural Women Health Training Package.
- HIV/AIDS (Urdu Version)
- Helping Children who are Deaf. (Urdu Version)

Publications of Dr. Farhat Rehman (Late)

- Training manuals, articles, leaflets, booklets
- Home-based disability management leaflets
- Reprinting of primary / women health care booklets
- Urdu version of book “Where Women Have No Doctor”
- Urdu version of HIV / AIDS book
- Urdu version of “Helping Children Who are Deaf”
- Work on NDN directory for the year 2006 is also in progress
- “Remembering Dr. Farhat Rahman” (Book containing condolence messages on her passing away)
- Policy Manual of RCPD is printed and implemented.



Rehabilitation Centre for the Physically Disabled

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